

CDAS Recovery Groups

Please speak to any member of staff about attending a session.

Unit 2 Whittle Court, 5 Town Rd, Hanley, Stoke-on-Trent, ST1 2QE

Monday	Tuesday	Wednesday	Thursday	Friday
		10:30 - 12:00 Coffee Morning at Whittle Court	10:30 - 12:00 Stepping Stones at SRS	08:00 - 09:00 Breakfast Club at Whittle Court
11:30 The Women's Connect at The Observatory, Dyke Street, Hanley, ST1 2DE	13:00 - 14:30 Stepping Stones at SRS	13:00 - 14:30 New Beginnings at Whittle Court	10:30 Stress Management at Birch Terrace <i>*Held Monthly Check with Keyworker</i>	10:30 - 12:00 Introduction to Service at Whittle Court
13:00 - 14:30 Check-In at Whittle Court	15:30 - 16:30 Pre-Rehab at Whittle Court		15:30 - 16:30 Pre-Rehab at Whittle Court	13:00 - 14:30 Check Out at Whittle Court
	18:00 CDAS Online Recovery Warriors JOIN HERE <small>OR ASK YOUR RECOVERY WORKER FOR THE LINK</small> 			